

Prices **2024** Treatments and massages

### PROGRAMMES Each programme of treatments will be scheduled according to length of stay

#### Well-Being

Programme includes:

- 3 days / 2 nights stay with breakfast and 2 hours acces to thermal circuit for every night
- Aromatic massage with essential oils (45 min)
- Foot reflexology (30 min)
- Craniofacial massage (20 min)

Price per person in double room - Bed and breakfast
Price per person in double room for single use - Bed and breakfast

**375** € **493** €

#### **Anti-Stress**

Programme includes:

- 3 days / 2 nights stay with breakfast and 2 hours acces to thermal circuit for every night
- Full body massage (75 min)
- Scottish shower (10 min)
- Foot reflexology (30 min)
- Craniofacial massage (20 min)

Price per person in double room - Bed and breakfast
Price per person in double room for single use - Bed and breakfast

446 € 564 €

#### **Beauty**

Programme includes:

- 3 days / 2 nights stay with breakfast and 2 hours acces to thermal circuit for every night
- Facial treatment expertly tailored to suit your skin's needs (75 min)
- Body scrub (30 min)
- Craniofacial massage (20 min)
- Hydrating body massage (30 min)

Price per person in double room - Bed and breakfast Price per person in double room for single use - Bed and breakfast 465€

583 €

The price of the spa circuit for non-hotel guests, for either the morning or afternoon session, is 28€.

Clients should bring a swimsuit or bikini and a towel with them.

Swimwear can be purchased and towels rented at the spa hotel.

Reservations must be made in advance.

The Font Vella Spa Hotel has been designed as a relaxing retreat for adults.

The minimum age for guests staying at the hotel and using the thermal circuit is 16 years old.

See our promotions on the web www.balnearifontvella.cat

### **PACKS**

Muscle relaxation pack (1 h 20 min) Partial chiromassage. Craniofacial and neck massage. Foot reflexology	147 €
Pack relax (1 h 30 min) Scottish shower. Foot reflexology. Essential oil massage	155 €
Chocolate therapy pack (1 h 45 min) Cocoa body scrub. Dark chocolate body wrap. Relaxing massage with dark cocoa oil	195€
Vitamin C+ pack (2 h) Lemongrass body scrub and vitamin C+ wrap. Body massage with vitamin C+ extract. Complete facial treatment	214,50€
Precious stones pack (2 h) Exfoliating using powdered gemstones. Regenerating wrap. Massage with a mineral-based cream that adds radiance to the skin	214,50 €
Font Vella experience (2 h 15 min) Exfoliation based stone fig and refreshing aloe vera and mint wrap. Relaxing body massage with warm olive oil Personalised facial cleansing, exfoliation and serum	231 €

# **MASSAGES**

Craniofacial and Neck/Shoulder 🕥	38,50€
Complete relaxation of the neck, cranium and face	,
Massages 30 minutes	
Partial quiromassage 🕡 Medium to high intensity muscle massage using a neutral cream	53€
Massages 45 minutes	
Foot reflexology  Therapy thet helps to improve the body's metabolic function by stimulating different points on the foot that are interconnected with the rest of the body	71,50€
Back massage with small relaxing sachets 👽 Combines natural techniques with pinda massage using small bags of rice and spices. Ideal for reducing muscular tension	71,50€
Aromatic massage with essential oils 🔊 Relaxing massage targeted on back, legs, arms neck/shoulders and scalp	71,50 €
Massages 60 minutes	
Chiromassage   Medium to high intensity muscle massage using a neutral cream	88€
<b>Lymphatic drainage</b> Very gentle therapy that helps combat poor circulation and fluid retention	88€
<b>Geothermal</b> ♥ Body treatment using hot and cold stones. A vigorous massage that combines stones of various sizes and temperatures depending on the area being targeted	102€
Spice Pinda  Oriental therapy with a beneficial hydrating and sedative effect. A wram oil is applied all over the body followed by a massage using little bags of rice and steamed spices	102€
Massages 75 minutes	
Full body massage 🕠 Relaxing body massage and light facial cleansing accompanied by a relaxing head and face massage	118€

# **BODY TREATMENTS**

Scottish shower (10 min)	28,50€
<b>Body scrub (30 min)</b> Cleansing treatment to clean and remove dead skin cells, leaving the skin renewed, soft, glowing and free from impurities	<b>65</b> €
Tired legs (45 min) Treatment recomended for people who suffer from fluid retention, swollen legs, or a sensation of tired or heavy legs	<b>76</b> €
<b>Body hydration (60 min)</b> Body exfoliation and full body massage with shea butter milk	87 €
Perfect silhouette (60 min) Body treatment to target cellulite. Three techniques in a single session	87 €
Alhambra Experience (60 min) © Exfoliate with precious stones and a relaxing massage of hot olive wax	104,50€

#### **WRAPS**

Seaweed wrap (65 min) To define the sihouette	88 €
Chocolate wrap (65 min) Cocoa based with nourishing effects	88€
<b>Grape wrap (65 min)</b> Based on black grapes that helps fight aging	88 €
<b>Mud wrap (65 min)</b> With anti-infrlammatory effects. Hel us to relax all the musculature	88 €

# **FACIAL TREATMENTS**

defences to prevent premature ageing

Express (30 min)  Skin cleansing, mask and finishing moisturiser with sun protection	58€
Intense hydration (60 min) For normal, mixed, dry and very dry skins that require extra hydration	87€
Vitamin C+ (60 min) For all skin types, particulary those showing signs of fatigue and dullness. This treatment adds luminosity, firmness and hydration	87 €
Facial Treatment and Massage at Les Pindes (60 min) Facial treatment with, tonic, exfoliant, moisturising mask and a facial massage with essential oil and grape seed oil	93,50 €
Personalised facial cleansing (75 min) Specific treatment for each type of skin with extraction and deep cleansing	93,50€
<b>Lifting (75 min)</b> Advanced treatment to improve the firmness and density of facial skin	104,50€
Antiwrinkle (75 min) For skins beginning to show wrinkles and expression lines	104,50€
Spacially for men (75 min) For all male skin types, with a wide range of cleansing products to suit the different needs of each skin type	104,50 €
Oxygen (75 min) For skins that need to activate and boost their	110€

#### **PREGNANT WOMEN**

Mineral salt body scrub (30 min)	63€
Lymphatic drainage (60 min) 🕥	93,50€
Facial treatment (75 min) According to facial skin type	93,50€
Massage  Choose between shea milk or essential oils	
- 30 min	53€
- 45 min - 75 min	71,50 € 118 €