

Prices **2025** Treatments and massages

### PROGRAMMES Each programme of treatments will be scheduled according to length of stay

#### Well-Being

Programme includes:

- 3 days / 2 nights stay with breakfast and free access to the thermal circuit
- Aromatic massage with essential oils (45 min)
- Foot reflexology (30 min)
- Craniofacial massage (20 min)

Price per person in double room Price per person in double room for single use 390 € 510€

#### **Anti-Stress**

Programme includes:

- 3 days / 2 nights stay with breakfast and free access to the thermal circuit
- Full body massage (75 min)
- Scottish shower (10 min)
- Foot reflexology (30 min)
- Craniofacial massage (20 min)

Price per person in double room Price per person in double room for single use 465€ 585€

#### **Beauty**

Programme includes:

- 3 days / 2 nights stay with breakfast and free access to the thermal circuit
- Facial treatment expertly tailored to suit your skin's needs (75 min)
- Body scrub (30 min)
- Craniofacial massage (20 min)
- Hydrating body massage (30 min)

Price per person in double room Price per person in double room for single use 484€

604€

The price of the spa circuit for non-hotel guests, for either the morning or afternoon session, is 29€. Clients should bring a swimsuit or bikini and a towel with them. Swimwear can be purchased and towels rented at the spa hotel. Reservations must be made in advance. The Font Vella Spa Hotel has been designed as a relaxing retreat for adults. The minimum age for guests staying at the hotel and using the thermal circuit is 16 years old. See our promotions on the web www.balnearifontvella.cat

# **PACKS**

Muscle relaxation pack (1 h 20 min) Full body decontracting massage. Foot reflexology	154 €
Pack relax (1 h 30 min) Scottish shower. Foot reflexology. Essential oil massage	163€
Chocolate therapy pack (1 h 45 min) Cocoa body scrub. Dark chocolate body wrap. Relaxing massage with dark cocoa oil	205€
Vitamin C+ pack (2 h) Lemongrass body scrub and vitamin C+ wrap. Body massage with vitamin C+ extract. Complete facial treatment	225€
Precious stones pack (2 h) Exfoliating using powdered gemstones. Regenerating wrap. Massage with a mineral-based cream that adds radiance to the skin	225€
Font Vella experience (2 h 15 min) Exfoliation based stone fig and refreshing aloe vera and mint wrap. Relaxing body massage with warm olive oil Personalised facial cleansing, exfoliation and serum	225€

# **MASSAGES**

Massages 20 minutes	
Craniofacial and Neck/Shoulder 💎	40 €
Complete relaxation of the neck, cranium and face	
Massages 30 minutes	
Partial quiromassage 🥡	55,50€
Medium to high intensity muscle massage using a neutral cream	
Massages 45 minutes	
Foot reflexology 📎	75 €
Therapy thet helps to improve the body's metabolic function by stimulating different points on the foot that are interconnected with the rest of the body	
Back massage with small relaxing sachets 💎	<b>75</b> €
Combines natural techniques with pinda massage using small bags of rice and spices. Ideal for reducing muscular tension	
Aromatic massage with essential oils 👽	75 €
Relaxing massage targeted on back, legs, arms neck/shoulders and scalp	
Massages 60 minutes	
Chiromassage 🔊	92,50 €
Medium to high intensity muscle massage using a neutral cream	
Geothermal 🕎 Body treatment using hot and cold stones. A vigorous massage that combines stones of various sizes	107 €
and temperatures depending on the area being targeted	
Spice Pinda 🔊	107 €
Oriental therapy with a beneficial hydrating and sedative effect. A wram oil is applied all over the body followed by a massage using little bags of rice and steamed spices	
Massages 75 minutes	
Full body massage 🕥	124€
Relaxing body massage and light facial cleansing accompanied by a relaxing head and face massage	

## **BODY TREATMENTS**

Scottish shower (10 min)	30 €
<b>Body scrub (30 min)</b> Cleansing treatment to clean and remove dead skin cells, leaving the skin renewed, soft, glowing and free from impurities	68€
Tired legs (45 min) Treatment recomended for people who suffer from fluid retention, swollen legs, or a sensation of tired or heavy legs	80€
<b>Body hydration (60 min)</b> Body exfoliation and full body massage with shea butter milk	91 €
Perfect silhouette (60 min) Body treatment to target cellulite. Three techniques in a single session	91 €

#### **WRAPS**

Seaweed wrap (65 min) To define the sihouette	92,50€
Chocolate wrap (65 min) Cocoa based with nourishing effects	92,50 €
<b>Grape wrap (65 min)</b> Based on black grapes that helps fight aging	92,50 €
<b>Mud wrap (65 min)</b> With anti-infrlammatory effects. Hel us to relax all the musculature	92,50€

### **FACIAL TREATMENTS**

Express (30 min) Skin cleansing, mask and finishing moisturiser with sun protection	61€
Intense hydration (60 min) For normal, mixed, dry and very dry skins that require extra hydration	91 €
Vitamin C+ (60 min) For all skin types, particulary those showing signs of fatigue and dullness. This treatment adds luminosity, firmness and hydration	91 €
Facial Treatment and Massage at Les Pindes (60 min Facial treatment with, tonic, exfoliant, moisturising mask and a facial massage with essential oil and grape seed oil	98€
Personalised facial cleansing (75 min) Specific treatment for each type of skin with extraction and deep cleansing	98 €
<b>Lifting (75 min)</b> Advanced treatment to improve the firmness and density of facial skin	109€
Antiwrinkle (75 min) For skins beginning to show wrinkles and expression lines	109€
Spacially for men (75 min) For all male skin types, with a wide range of cleansing products to suit the different needs of each skin type	109€
Oxygen (75 min) For skins that need to activate and boost their defences to prevent premature ageing	115,50€

## **PREGNANT WOMEN**

Mineral salt body scrub (30 min)	68€
Facial treatment (75 min) According to facial skin type	98 €
Massage   Choose between shea milk or essential oils  - 30 min  - 45 min  - 75 min	55,50 € 75 € 124 €